

Curriculum Vitae

▪ **General information**

- Surname: Maryam
- Forename: Azimi
- Gender: Female
- Title: MD/Ph.D
- Marital status: Married
- Iranian Medical Council Registration: 107780

▪ **Contact details**

- Address: Dr. Azimi, Faculty of Traditional Iranian Medicine, Amir Kabir Crossing, Jomhuri Blvd, Kerman, Iran.
- Tell: +98(34)32110123
- Cell phone: +989134410206
- Email: Dr.azimm@gmail.com

▪ **Position:**

- Assistant Professor of Faculty of Traditional Iranian Medicine, Kerman University of Medical Sciences.
- Member of Gastroenterology & Hepatology Research Center.
- Member of Scientific Association of Traditional Iranian Medicine, Kerman Branch.

▪ **Skills:**

- English language (MHLE & ILI 10 Level Conversation Series)
- Arabic language

- MS-Word
- MS-Power point
- MS-Excel
- Statistical App. (SPSS & Prisma)
- Reference manager App. (Endnote)
- Mind Mapping App. (Edraw Max & Mind Mapper)
- Other Presentation App. (Focusky & Prezi)

▪ **Research field interest:**

- Traditional Iranian Medicine
- Complementary Medicine
- Integrative Medicine
- Gastrointestinal & Hepatic Disorders
- FGID (Functional gastrointestinal disorders)
- Lifestyle

▪ **Thesis:**

- Evaluation of nutritional knowledge, attitude and practice of internships in Kerman University of Medical Sciences, 2004 (GP student).
- Efficacy of *Apium graveolence* & *Trachyspermum copticom* on clinical symptoms of patients with functional dyspepsia, 2017 (Ph. D student).

▪ **Honors:**

- Finished high school in NODET system (National Organization for Development of Exceptional Talents), 1998.
- Finished Medicine school in University NODET system (According to rank of national entrance exam), 2005.
- Best family doctor in Rafsanjan University of Medical Sciences in 2007 & 2008.
- First rank in Candidacy exam in Ph.D, 2015.
- Top student of Ph.D in Kerman University of Medical Sciences, 2017.

- Second rank in total average in Ph.D in faculty of Traditional Iranian Medicine, 2015.

▪ **Educations & Training**

- "Blood transfusion", workshop, Blood transfusion organization, Kerman branch, 2006.
- "Breast feeding", continuing medical education, Rafsanjan University of Medical Sciences, 2007.
- "Silicosis", continuing medical education, Rafsanjan University of Medical Sciences, 2007.
- "Maternal-child nursing", continuing medical education, Rafsanjan University of Medical Sciences, 2007.
- "MANA Strategy", continuing medical education, Rafsanjan University of Medical Sciences, 2007.
- "Multiple Sclerosis", continuing medical education, Rafsanjan University of Medical Sciences, 2008.
- "Control of cancer", continuing medical education, Kerman University of Medical Sciences, 2008.
- "Mental health in adult", continuing medical education, Kerman University of Medical Sciences, 2008.
- "Hepatitis B guideline", continuing medical education, Kerman University of Medical Sciences, 2008.
- "Education of family doctor", workshop, Kerman University of Medical Sciences, 2008.
- "Infection disease between human and animals", continuing medical education, Rafsanjan University of Medical Sciences, 2009.
- "Education of parenting skills", continuing medical education, Rafsanjan University of Medical Sciences, 2009.
- "Influenza type A", continuing medical education, Rafsanjan University of Medical Sciences, 2009.
- "Epilepsy in children", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.

- "Drug abuse", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Ketoacidosis", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Adult Hypertension", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Growth retardation in children", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Diabetes mellitus ", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Drug abuse", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Intubation", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Nephrology in Children", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Constipation in children", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Mal absorption in children", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Hyperlipidemia", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Skin rashes", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "How to manage burning", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Asthma & Allergy in children", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Atopic dermatitis in children", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Anemia in children", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Headache in adult", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.

- "Headache in children", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Diagnosis of Breast Cancer", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Relationship between exercise & Breast cancer", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Nursing in Breast cancer", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Osteoporosis", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Beta thalassemia", continuing medical education, Virtual training, Shiraz University of Medical Sciences, 2011.
- "Integrative oncology nutrition in quality of life for cancer patients workshop". 2014.
- "Medical Ethics in Islam and Iran" workshop, Kerman university of Medical Sciences, 2015.
- "Endnote", workshop, Kerman university of Medical Sciences, 2015.
- "Clinical trial", workshop, Kerman university of Medical Sciences, 2015.
- "Production of educational content with power point", workshop, Kerman university of Medical Sciences, 2015.
- "Essay writing in English", workshop, Kerman university of Medical Sciences, 2015.
- "Plagiarism", workshop, Kerman university of Medical Sciences, 2015.
- "Business plan", workshop, Kerman university of Medical Sciences, 2015.
- "Qualitative research method in education", workshop, Kerman university of Medical Sciences, 2015.
- "Constipation & Microbiome, workshop, Kerman university of Medical Sciences, 2015.
- "Muscle release", workshop, Kerman university of Medical Sciences, 2016.
- "Calculate sample size in descriptive studies" workshop, workshop, Kerman university of Medical Sciences, 2016.
- "Teamwork training" workshop, workshop, Kerman university of Medical Sciences, 2016.

- "Basic acupuncture" workshop, workshop, Kerman university of Medical Sciences, 2016.
- "Writing Thesis template" workshop, Kerman university of Medical Sciences, 2016.
- "Health, Safety and Environment", workshop, Kerman university of Medical Sciences, 2016.
- "Advanced word workshop", workshop, Kerman university of Medical Sciences, 2016.
- "Drug in Iranian traditional medicine", workshop, workshop, Kerman university of Medical Sciences, 2016.
- "Women's diseases in classic medicine and Iranian traditional medicine". 2016.
- "Familiarization with traditional Persian medicine and pharmacy as executive director". 2016.
- "Advanced Excel", workshop, Kerman university of Medical Sciences, 2016.
- "Meta analysis & Systematic review", workshop, Kerman university of Medical Sciences, 2016.
- International congress of gastrointestinal and Hepatic disease, Iran University of Medical Sciences, Tehran, 2017.
- International congress of gastrointestinal and Hepatic disease, Iran University of Medical Sciences, Tehran, 2018.
- "Visceral manipulation", Kerman university of Medical Sciences, 2017.
- "Interpersonal effective communication skills", workshop, Kerman university of Medical Sciences, 2018.
- "Technology in education workshop", workshop, Kerman university of Medical Sciences, 2018.
- "Understanding the Basics and Standards of Virtual Education", workshop, Kerman university of Medical Sciences, 2018.
- "Research methodology" workshop, Kerman university of Medical Sciences, 2018.
- "Research methodology" workshop, Shiraz University of Medical Sciences, 2018.
- "Islamic sciences & Medical sciences" workshop, Ministry of Health, Treatment and Medical Training, Sari, 2017.
- "Health& Disease according to philosophy of medicine" workshop, Ministry of Health, Treatment and Medical Training, Sari, 2017.

- "Methodology of interdisciplinary researches in Health" workshop, Ministry of Health, Treatment and Medical Training, Sari, 2017.
- "Critical thinking", workshop, Kerman university of Medical Sciences, 2017.
- "Drugs in Traditional Medicine", workshop, Kerman university of Medical Sciences, 2017.
- "Integrative approach to Fatty liver disease", workshop, Ministry of Health, Treatment and Medical training, Shahid Beheshti University of Medical Sciences, 2019.

▪ **Practical experience in medicine:**

- Family doctor in Rafsanjan & Kerman Universities of Medical Sciences, 2005 to 2013.

▪ **Teaching experience:**

- Faculty member, school of Iranian Traditional Medicine, Kerman University of Medical Sciences, 2017 to present:
 - Emergency Medicine, Ph.D student, 2017.
 - Nutrition in Traditional Iranian Medicine, Ph.D student, 2017.
 - "Mabahas e Jame", Ph. D student, 2019.
 - "Hefz o sehe", Ph. D. 2019.
 - "Mabani e Alaj"/ Ph. D student, 2019.
- Kerman University of Medical Sciences:
 - Theoretical Foundations of Supply, Preservation and Promotion of Health Based on Islamic teachings, MS student, 2017.
 - "Hefz o sehe", MS student, 2017& 2018.
- Lecturer of "Diagnosis and treatment of Lead poisoning, continuing medical education, Kerman University of Medical Sciences, 2016.
- Lecturer of "Persian Medicine course for family physicians", Kerman University of Medical Sciences, 2017.
- Lecturer of "Integrative approach to Functional Dyspepsia", continuing medical education, Kerman University of Medical Sciences, 2018.

- Lecturer in conference of “Integrative approach to Irritable Bowel Syndrome”, continuing medical education, Kerman University of Medical Sciences, 2018.
- Lecturer of “Integrative approach to Headache”, continuing medical education, Rafsanjan University of Medical Sciences, 2018.
- Lecturer of “Principle of health care in Persian Medicine”, continuing medical education, Jiroft University of Medical Sciences, 2018.
- Lecturer of “Persian medicine and herbal remedies in gastrointestinal disease”, continuing medical education, Shiraz University of Medical Sciences, 2019.
- Lecturer of “Integrative approach to functional dyspepsia”, workshop, Ministry of Health, Treatment and Medical training, Shahid Beheshti University of Medical Sciences, 2019.

▪ **Public Articles:**

- A survey on knowledge, attitude and practice of interns regarding nutrition in Kerman University of Medical Sciences. *Studies Dev Med Educ.* 2005; 2(1):40-49.
- Effects of Iranian Traditional Medicine Remedies (*Apium Graveolence* and *Trachyspermum Copticum*) on Modifying the Quality of Life in Patients with Functional Dyspepsia: A DoubleBlind Randomized Clinical Trial. *GMJ.*2017;6(2):102-109
- Validation of Short-form Nepean Dyspepsia Index in Iranian Patients with Functional Dyspepsia. *Govaresh.* 2017; 22(2).
- Effect of *Apium graveolens* and *Trachyspermum copticom* on clinical symptoms of patients with functional dyspepsia. *AJP.*2017.
- Low fermentable oligo-di-mono-saccharides and polyols diet *versus* general dietary advice in patients with diarrhea-predominant irritable bowel syndrome: A randomized controlled trial. *Journal of Gastroenterology.*2018;33(6).

▪ **International Congress:**

- International Congress of Gastroenrology & Hepatology, Tehran, 2017:

- Effect of *Apium graveolens* and *Trachyspermum copticom* on clinical symptoms of patients with functional dyspepsia (Poster).
- Low FODMAPs diet vs. general dietary advice improves clinical response in patients with irritable bowel syndrome: a randomized controlled trial Approval Research Projects (Poster).

▪ **Approved Research Projects**

- *Apium graveolence* & *Trachyspermum copticom* vs. Domperidone on clinical symptoms of patients with postprandial distress syndrome (Correspond).
- Validity& Reliability of Iranian version of ROME IV questionnaire (Correspond).
- Efficacy of *Bees wax*& *Rosa domestica* on pathological and clinical symptoms of patients with Solitary rectal ulcer (Correspond).
- Efficacy of *Gum Arabic*& *Ocimum basilcum* on clinical symptoms of patients with diarrhea pre-dominant IBS (Supervisor).
- Efficacy of *Bunium persicum*& *Coriandrum sativum* on clinical symptoms of patients with functional dyspepsia (Supervisor).
- Evaluation the hepatotoxic effect of *Amaranthus caudatus* on normal hepatocytes (Supervisor).
- Effect of *Magnifora indica* extract supplementon metabolic status in type II diebetic patients (Correspond).
- Guideline of "Diagnosis and treatment of functional dyspepsia", Ministry of Health, Treatment and Medical Training, Book (Chief author).
- Guideline of "Diagnosis and treatment of functional constipation", Ministry of Health, Treatment and Medical Training, Book (Chief author).
- Guideline of "Diagnosis and treatment of peptic ulcer", Ministry of Health, Treatment and Medical Training, Book (Member of editorial board).
- Guideline of "Diagnosis and treatment of gastroesophageal reflux disease", Ministry of Health, Treatment and Medical Training, Book (Member of editorial board).
- Guideline of "Diagnosis and treatment of fatty liver disease", Ministry of Health, Treatment and Medical Training, Book (Member of editorial board).
- Guideline of "Diagnosis and treatment of bloating", Ministry of Health, Treatment and Medical Training, Book (Member of editorial board).

- Guideline of "Diagnosis and treatment of hemorrhoid", Ministry of Health, Treatment and Medical Training, Book (Member of editorial board).